

Golden Chain



Southern Alameda County Buddhist Church
32975 Alvarado-Niles Road, Union City, CA 94587

Office: 510-471-2581
Email: sacbcoffice@gmail.com

Resident Minister: Rev. Dr. Takashi Miyaji
Mobile: 253.640.4224 / Email: gishin.tmiyaji@gmail.com

www.SACBC.org

JUNE 2021

I am a link in the Buddha's golden chain of love that stretches around the world. I must keep my link bright and strong. I will try to be kind and gentle to every living thing and protect all who are weaker than myself. I will try to think pure and beautiful thoughts, to say pure and beautiful words, and to do pure and beautiful deeds, knowing that on what I do now depends not only my happiness or unhappiness, but also that of others. May every link in the Buddha's golden chain of love become bright and strong, and may we all attain perfect peace.

Buddhism's Calm Approach

As we quickly approach the summer season, there is new excitement and hopes for this year. The vaccine to prevent the spread of the coronavirus is proving effective. America is hoping to put this behind us and view it in our rearview mirrors as we speed towards our vacation destination, wherever that may be. There will be reunions, celebrations, festivities, and a sigh of relief in this time of hopeful elation.

I find it a little amusing because it is times like these that Buddhism kind of seems like a “Debbie Downer.” Debbie Downer was made famous by the comedy show Saturday Night Live, in which a person by the name of Debbie would always make comments that would kill the good mood that everyone was feeling in a room at any given time. In this time of excitement, Buddhism will take a very calm approach in its outlook and tell us that this excitement, although it is great while it lasts, will be short-lived and soon things will change again. Whether it is in times of excitement, happiness, or great distress, Buddhism will always have a calm composure in its approach. Buddhism teaches us that these turbulent ups and downs will continually keep us in a chaotic whirlwind until we awaken to truth and its significance in our lives.



The other day, I came across an interesting Jodo Shinshu passage written in Japanese. It reads as follows:

There are so many things I would like to forget. In addition, there are countless things that I have forgotten. That is what it is to be *me*. No one knows who I truly am. If I don't ever get to meet my true self, then this life will simply be one of flowing through birth, life, then death.

This quote at first glance is a little tricky and cryptic but its meaning is profound. It first explains that there are so many things that have occurred in order for us to be here today. Our life is nothing short of a great wonder if we consider all the things that had to have occurred—even before we were born—in order for us to be here now. But sadly, we forget or overlook these countless causes and conditions. Even if we tried to, we won't be able to fathom just how much had to have happened in order for us to be here. But unless we come to awaken to our true selves, we will simply be flowing from one life to the next, with never a moment of true liberation.

What we must do to resolve, accept, and embrace our lives is to awaken to our true selves. We do this by awakening to the world of truth; we call this truth, Amida Buddha's Great Compassion. When we awaken to this truth it anchors us spiritually. It gives us meaning in our lives. We can truly be happy in moments of happiness, we can truly be sad in moments of sadness, but we will always be okay. We will always know who we are, and that this self is always embraced by the world of truth. We can now endure and live through this world of chaos because we have our anchor that keeps us grounded. Together let's approach these hopeful times with a renewed sense of vigor to understand the teaching of Amida Buddha's Great Compassion.

仏教の教える姿勢

いよいよ夏がやってきます。外に出れることによって心がワクワクしてきます。コロナのワクチンが大分普及し、感染者の数が減少していく一方です。今年の夏は、人と接する機会が増え、再会のパーティーや集まりがどんどん増えてくるのではないかと思います。何か楽しい気持ちになります。

この生き生きしている時に仏教徒はどのように心を保てばいいのでしょうか？そんなに調子に乗らず、冷静な態度でこの時期を迎えればいいのではないかと思います。なぜかという、今、この楽しい時があっても、いつかこの楽しさがまた消えてしまう時がくると分かるからでしょう。楽しい時、嬉しい時、悲しい時、辛い時、苦しい時、仏教徒は常に冷静でありましょう。しかしこの激しい嵐の中にいるように、この迷いの世界からいつまで経っても抜け出せないとなれば、一体何をすればいいのでしょうか。

この間、次のような文章を読みました。

忘れたいこと山ほど、忘れたいこと無数
それが私
誰も自分を知らない
もし自分に出会うことがなければ
そこに生まれ、そこに生き、そこに死んでも
流される人生である

『晴れてよし、降ってよし、いまを生きる』

この文章はとても印象深かったので紹介いたしました。まず、私がここにいることだけで、どれほどの因縁が必要だったのかは数え切ることができませんと教えられています。自分が生まれる前からの因縁を考えますと、今ここにいることが本当に不思議なことです。しかし、私たちはそれを忘れているのか、見逃しているのか、または理解できていないのではないのでしょうか。それが人間の「愚かさ」というものなのでしょう。しかし、この本当の自分と出会わない限り、この人生というものの本当の意味が分からないのだと言っています。ただ、^{□□□□}生死を繰り返していく迷いが続きます。

この人生の本当の意味を分かるには、本当の「自我」というものに気づかなければならないと仏教が教えます。それをす^{□ □ □ □ □ □ □ □ □ □}るために、「真実」と出あわなければなりません。そして真実というのは、阿弥陀如来の大慈悲のことです。この真実^{□□□}と出あうことによって、我々の心を安定させる 錨 が出てきます。そして楽しい時は楽しく、悲しい時は悲しくなり、本当の自分らしさの生き方ができるようになるのです。人生に何があっても、仏法を通して本当の自分を見つめることができ、そしてその自分が真実に抱かれていることが分かるのであります。皆さんと共にこの楽しい時を迎える中で、阿弥陀如来様の大慈悲の教えをしっかりと求めていきましょう。合掌。



Services for June 2021

June 6, 2021 – Shotsuki Hoyo
10 A.M.

At this monthly memorial service, we will honor those loved ones who passed away in the month of June.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom.

*Mrs. Masuko Kitayama Scholarship will be presented.
Graduates will be recognized.*

June and July birthdays will be celebrated.

Dharma School will follow service.

Japanese Dharma message follows the English service.

June 13, 2021 – Eshinni and Kakushinni Memorial Service
10 A.M.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom.

June 20, 2021 – Family Service (Father's Day)
10 A.M.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom

June 27, 2021 – Family Service
10 A.M.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom



Like shopping on Amazon? SACBC is part of the AmazonSmile program. Shop at Amazon Smile and Amazon will make a donation to SACBC! We hope that you, your family and friends will utilize AmazonSmile for all your Amazon purchases — every little bit helps.

What is Amazon Smile? AmazonSmile is a simple and automatic way to support us at NO cost to you. When you shop at smile.amazon.com, you will find the same low prices, huge selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to SACBC.

How do I shop at AmazonSmile? Simply go to smile.amazon.com or to the direct link: <http://smile.amazon.com/ch/94-1652028>

Which products on AmazonSmile are eligible for charitable donations?

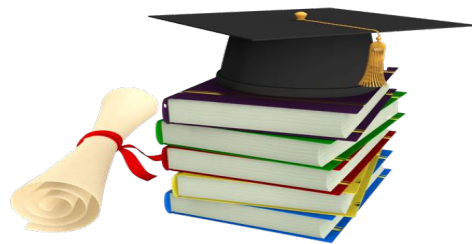
Tens of millions of products are eligible. These products are marked “Eligible for AmazonSmile donation”. The AmazonSmile donation will donate 0.5% of the purchase prices (less rebates, shipping, gift wrapping fees, taxes & service charges) to the charity by electronic funds transfer each quarter.

Can I use my existing Amazon.com account on AmazonSmile? Yes, you can.

How do I select a charitable organization to support? On your first visit to AmazonSmile, select Southern Alameda County Buddhist Church before you begin shopping. AmazonSmile will remember your selection and then every eligible purchase you make on AmazonSmile will result in a donation to SACBC.

Can I receive a tax deduction for the amounts donated from my purchases on AmazonSmile?

Unfortunately, no. The donations are made by the AmazonSmile Foundation and are not tax deductible by you.



Mrs. Masuko Kitayama Memorial Scholarship 2021

It is with great pleasure that the SACBC Scholarship Committee announces the recipient of the Mrs. Masuko Kitayama Memorial Scholarship. This scholarship recognizes graduating youth who both academically excel, as well as contribute to Southern Alameda County Buddhist Church as a whole. The recipient is:

Mr. Russell Yamasaki, son of Kyle & Betty Yamasaki, is graduating from Los Altos High School. He has been an active member of SACBC’s Dharma School and Jr. YBA, currently serving as President. He will be attending San Jose State University, where he plans to major in Business and Accounting.

We congratulate Russell on his achievements and contributions to Southern Alameda County Buddhist Church. We wish him the very best of success in all his future undertakings and endeavors, knowing that he is always in Amida’s Light and Compassion.

SACBC Scholarship Committee

ON THE SPOTLIGHT: KENDO

SACBC Kendo is one of the oldest affiliated organizations of SACBC. In its current form, SACBC Kendo is one of two dojos that form the Palo Alto Kendo Federation. Kendo, when translated, means “the way of the sword.” SACBC’ Kendo’s head instructor is Dr. Walter Hashimoto, 7-dan. Dr. Hashimoto first began practicing Kendo when he was in the U.S. Army while stationed abroad in Japan. Over the years, Dr. Hashimoto has instructed hundreds of students “in the way of the sword” focusing on “Ki-Ken-Tai no Ichi” or mind, sword and body as one, or as Dr. Hashimoto will often humbly say, “we teach one another.” While currently on hiatus due to COVID-19, SACBC Kendo practices are held on Mondays and Thursdays from 7:15 p.m. to 9:00 p.m. and is open to beginners to more advanced students from 6-years old and up.



Garrett Murai:

I joined SACBC’s kendo group when my daughter, Natalie, was seven years old. She had expressed an interest when she was five but was too small at the time to even hold a shinai (bamboo sword). Eventually, our whole family joined the kendo group. While I no longer practice, I enjoyed the several years I was part of the kendo group and am extremely grateful to my senseis, Dr. Walter Hashimoto, Hiroshi Ichimura and Hideo Okada.

Kendo is perhaps the most “Japanese-ey” thing I’ve ever done. What interested me the most was the spirituality, customs and, of course, the exercise. There’s nothing like getting yelled at in Japanese, getting “checked” across the room (it happens), all while sweating buckets and thinking your lungs are going to explode inside your bogu (armor). Seriously, it’s a lot of fun. Bumps, bruises and “kendo feet” included. It’s fun for young people who wouldn’t have an opportunity to play a samurai or Jedi knight in real life. And it’s fun for adults who want to improve their fitness, focus, and grit. You can learn a lot about life through kendo. The diligence required to improve your skills, the perseverance to press ahead even when you’re tired and exhausted, and the humility to accept defeat with grace.

One somewhat funny story: As my daughter got older and into her “terrible” teens, the other kendoka (kendo practitioners) would comment that they enjoyed seeing our father-daughter matches as both she and I let our aggressions out on one another. So, kendo is also therapeutic.

Southern Alameda County Kendo Dojo offers classes in this ancient Japanese discipline ~ the first of four most important skills (sword techniques) required of a Japanese warrior (samurai). In kendo, with its emphasis on speed and skill, not power or strength, the student develops coordination, stamina, posture and fitness. It also disciplines the mind in self-control, patience, concentration and confidence.

MEET SACBC'S COMMUNICATION TEAM



Our communications team member, **Joyce Davis**, has been working to help keep our Sangha connected and informed during the pandemic. When she joined the church in 2015, she volunteered to help the publicity director / treasurer, Larry Gissible, promote all the yearly events and activities. She felt she could best serve SACBC in this way, since she is a professional graphic designer, and has decades of experience in Bay Area advertising agencies and non-profit work. She's established her own design business, Square One Creative in 2003. (www.sq1creative.net) Recently, she's been busy helping authors design and promote their own non-fiction books.

Because most church activities and in-person services have been curtailed by the lock-down, she has shifted her attention to helping Victoria, SACBC's office manager, send out informational email blasts, the *Golden Chain* PDF, weekly Sunday service invitations, and the monthly Bento Menu. The Bento fund-raiser has become a successful source for donations this year. She also collaborates with **Kyle Yamasaki**, our social media specialist; and with **Jeffrey Kimoto**, our SACBC.org webmaster. Jeffrey, Editor of *Nikkei West*, generously designs and runs our website pro bono. She also occasionally assists some of SACBC's affiliated groups with their communications.

Joyce grew up and attended college in San Jose, and Japantown was one of her favorite places to visit. She attended a service at the San Jose Betsuin during Obon as a kid and was always interested in Eastern culture and beliefs. She has practiced Yoga and Zen Buddhism since the '70s, but did not join BCA until moving to Union City with her husband, Steve Sanders in 2015. She visited Palo Alto and Mt. View BCA Temples, but joined SACBC because its members were so welcoming and friendly, the membership was engaged in the community, and the Sangha seemed just the right size.

She looks forward to once again seeing friends, meeting **Rev. Miyaji** and his family, and marketing and participating in the Bazaar, Obon, Rummage Sales and attending family services in-person again. She wishes everyone a healthy, joyous return soon to normal times!

JEFFREY KIMOTO



Jeffrey Kimoto is the editor of Nikkei West and the SACBC webmaster. He volunteers his time and talents to update and maintain our website. When asked to please tell us about yourself, he humbly replied that he "likes to stay in the background."

Jeffrey currently is living in Hawaii. Thanks to the technology "he is able to work from home".

Aloha, Jeffrey. Thank you for supporting SACBC!

VICTORIA CONSUL

As SACBC's office manager, I am responsible for putting together our monthly newsletter, the *Golden Chain*. I edit and "pretty up" the articles submitted by various church members and organizations and mail them out in a timely manner. I'm also part of 2 "Forces" that have been crucial during this pandemic: **Senior Task Force and Covid Task Force**. These, in addition to responding to emails, phone calls and inquiries to the office, make my work very interesting, to say the least.



My association with SACBC started when my son joined the basketball Athletic Association and the Boy Scout Pack/Troop. He started with the E team and stayed until he graduated in high school. He was a part of the pack and earned his Eagle in 2017. I was active in my roles as team manager for many years and as part of the Scouts committee and fundraising events. So, although I am not a church member, I have known many of the members prior to my employment here and have been familiar with the church's various events and organizations. Being here for the last two years makes me feel like a part of a great community.

— *Victoria*

KYLE YAMASAKI:

He's the man behind the Senior Task force and Covid task Force not to mention the Zoom Sunday services. We call on Kyle for any issues we have with our Wifi connections and other digital inquiries. He's a long-time member of SACBC but too humble to write about himself. Thank you, Kyle for all you do for SACBC!

ANNOUNCEMENT: Please welcome **Chance Tokubo** to the SACBC Communications team. Chance has volunteered to be our new social media intern for SACBC. Chance is a Jr. at Newark Memorial High School and is an active member in Jr. YBA and Dharma School student.

Chance will be working with Kyle to share our church and community activities to our SACBC Instagram account. We will be working with the BCA Communications Technology Subcommittee's intern, Ms. Lindsey Hirano, who is also an enthusiastic Jr. YBAer from Pasadena Buddhist Temple.

Together, our goal will be to provide a platform where our youth can be active participants with the church, share SACBC Community activities, and to draw interest to potential new members to learn about Buddhism at SACBC.

SACBC Communications Team consists of the following members:

- ♦ Joyce Davis, email and marketing
- ♦ Victoria Consul, Golden Chain Newsletter
- ♦ Karen Fujii, Golden Chain Newsletter
- ♦ Dr. Rev. Miyaji, print and social media content provider
- ♦ Kyle Yamasaki, Social media marketing and content provider

If anyone is interested in writing/sharing articles, taking photos, social media marketing, etc., please reach out to any of us.

In Gassho,
Kyle Yamasaki

WEDNESDAY'S BENTO CREW

FACT: SACBC has received \$22,214.00 from the sale of bento meals from April 2020 to present day.

Chef Royce Mori

The Bento Program was launched on April 15, 2020 to help the SACBC community as we were in the beginning stages of a mandatory stay-at-home order. As the nation was adjusting to a new way of life and people were figuring out how to safely get everyday necessities such as groceries and medications, Kyle Yamasaki and myself came up with a program to support our community. Since the program's inception, many more people have contributed to the program's success and the Bento Crew has cooked more than 12,000 meals for our SACBC community. That many meals could not be produced without the hard work and dedication of the Bento Crew that comes out on a weekly basis. I'd like to recognize the members of the Bento Crew that have made this program a success: John Arai, Victoria Consul, Jerry Tahira, Christina Yung, Annie Wu, Steven Uriu, Don Uriu, Keiko Uriu, Kathy Velasco, Dylan Velasco, Jerold Lee, Tiffany Lee, Rylan Mori, Nolan Mori, Sachi Abe, Nina Sawasaki, Masako Mori.



I'd also like to thank the Sangha for the continued support of the Bento Program as it has helped the Church in many ways not so apparent on the surface. Through the Bento Program we're able to build a sense of community and bridge the gaps of young and old, Buddhist or not, Member or not. Under what circumstances would kids of the temple be able to interact with a founding member of the temple on a weekly basis? The Bento Program has helped bring together a group of people within our community that wouldn't have otherwise ever crossed paths and for that, I'm extremely grateful.

Lastly, my apologies to anyone who has ever received the wrong order or has had an incomplete order...

John Arai

With everything else shut down at SACBC, the Bento program has allowed me to keep in touch with some of the church members. It has been nice to be able to connect with them for the few seconds that I have available during the rush of the food delivery. Royce has put together a great team of volunteers who help every week. We all work wonderfully together and have a good time also.

As a church Board Member, I am very grateful to Royce and the team of volunteers for the revenue that the Bento program has generated for SACBC.

Victoria Consul

I didn't know that helping with the bento program would propel a new career for me as the unofficial sous-chef for Royce. I come from a family who loves to cook and entertain. In fact, my sister is a professional chef and instructor in a culinary school in Washington DC. So, I would say that I am capable of whipping out decent food. However, I didn't expect to be working in a kitchen as much as I do now and serving as many as 300 bento meals every week! But it's been a good learning experience for me as Royce patiently shows me new techniques and dishes. It's also been a good social bubble for me during this pandemic. Working with the volunteer crew is always fun even when we're faced with a few challenges at times. It's also satisfying to hear from people that they enjoy the meals we prepare. BTW, I'm also the unofficial DJ during prep time.

Annie Wu (AA parent)

I started helping with the bento meal program from the very beginning. I remember the first week we served teriyaki chicken and Japanese vegetable soup. We didn't estimate very well and had a lot of teriyaki chicken leftover, I ended up taking a few extra meals home and saved myself from cooking for days. Throughout the program we have tried to come up with different entree choices that would be appealing and at the same time continue to serve the traditional favorites such as tonkatsu, ramen, saba shioyaki... etc.

I have been with SACBC AA program for the past 7 years and have seen many church member but did not know them very well until I started helping out with the meal program. I was finally able to connect the names to the faces.

During the peak of the pandemic, I was basically home all the time except for Wednesdays when I was able to volunteer and spend time with my little pod where I felt safe and relaxed. Jerry Tahira would share his life stories with me while I pack the salad boxes, Victoria would play oldies but goodies music that we can sing along to, Once in a while we would hear Royce yell "John!" that's when we know someone is in trouble. ha! ha! JK.

It has definitely been a fun and enjoyable experience for me and I intend to continue to volunteer until the program ends. When this program finally come to an end, I am sure my friendship with all the volunteers will continue for many more years to come. And then I will look for another group within SACBC to volunteer

Nina Sawasaki

My first time volunteering on a Wednesday was the New Year's bento in December. It was an all-day affair and I thought I'd probably never come back again. I have enjoyed volunteering almost every Wednesday since then. I have learned so many prep and cooking tips from Chef Royce. The volunteer group is so nice and friendly. We are constantly laughing and teasing each other. I look forward to not cooking on Wednesday nights and enjoying leftovers the next night. It would be very difficult to choose a favorite but I have enjoyed anything with eggplant. I have also enjoyed all the salads and dressings. My favorite part of the day is when Royce's sons, Rylan and Nolan come to help. They bring so much enthusiasm with them and always willing to help where needed. Nolan is taking after his dad and is a great chef himself. Hope you enjoy your next bento.

Cathy "Sachi" Abe

I recently joined the kitchen team on Wednesdays. It's amazing how the meals are prepared, packaged, and ready for pickup in a day! Since the past year had us all confined to home, I think the best part for me is the interaction with everyone, Chef Royce, Victoria, John and all the folks who volunteer their time each week. Thanks to everyone who participate and support the Bento program.



The Bento Crew – Halloween 2020

Tiffany Lee (AA member)

Every time I come to the church, I always have lots of fun. Whether it's helping out assembling the food, playing with water balloons in the summer, or just hanging out with the people around me. My favorite part about coming to the church is learning new skills and meeting people. Over this past year, I have learned how to bake many desserts such as banana bread, chocolate cookies, chocolate lava cakes, and more from Chef Nolan Mori. I also have met many outgoing and fun people that I can joke around with or just talk to. Coming out and helping at the church has been one of the funniest experiences that I am so thankful for. I have had such an enjoyable time so far, and I hope to keep making more happy memories!



Naoko Fujii (PABT member)

The Palo Alto, Mountain View and Oakland Buddhist temples would like to thank Chef Royce Mori and the tireless SACBC team for making our Hanamatsuri events so special. We would like to express our gratitude to you for the 488 bentos prepared for Oakland and 513 bento made for Palo Alto and Mountain View on top of the weekly SACBC events.



Nolan Mori (future SACBC chef)

What I enjoy the most about helping with the bento program is while I am having a fun time. I am learning a lot of things. I have the most fun while I am in the kitchen helping my dad. Usually, after cooking is done, we will clean up the tables, sweep the floors and break down boxes. Every week I get to spend time with my friends which I really appreciate and enjoy.



THANK YOU TO OUR DEDICATED VOLUNTEERS!



Kathy Velasco

Rylan Mori



Sachi Abe

Nina Sawasaki



Nolan Mori



Annie Wu



Jerold Lee



Tiffany Lee



And our friendly visitor... Spiderman AKA Keisai Miyaji



Don Uriu

Victoria



Steven Uriu



John Arai



Chef Royce and his
7 ft copycat



Christina Yung

Note: Not pictured: Mrs. Masako Mori



SACBC Bento Fundraiser by Chef Royce Mori

Wednesdays: June 2, 9, 16, 23 & 30 @ 3 – 4 PM

SACBC and Chef Royce are continuing the Pick-Up Bento service to SACBC Members (Wednesdays only).

To order: Call and leave a message at church: 510-471-2581 or Email: SACBCOffice@gmail.com

Order deadline: Mondays at NOON! No late orders, please.

Pick Up: Wednesdays, 3PM – 4 PM. Sangha Hall Lobby (Runners will bring food out to the cars), SACBC, 32975 Alvarado-Niles Road, Union City, CA

Payment: There are five options for paying:

- Paypal: sacbc.treasurer1@gmail.com
 - Venmo: [@sacbc.treasurer1@gmail.com](https://venmo.com/sacbc.treasurer1)
 - Credit card: VISA, Mastercard
 - Check made out to: SACBC in a sealed envelope with your name & address on the outside.
 - Cash: Exact amount in a sealed envelope with your name and address on the outside.
- To avoid handling of cash, the exact amount is expected and NO change will be given.**

JUNE MENU

PICK UP	MEAT	VEGETARIAN / PESCATARIAN
June 2	Tonkotsu Ramen \$16 Chashu Pork Belly, Corn, Spinach, Soft Boiled Egg, Green Onions Side of Bacon Fried Rice	Seared Scallop & Ginger Clam Donburi \$18 Asparagus, Shimejii Mushrooms, Sugar Snap Peas over Steamed Miso Rice
June 9 Happy Father's Day!	Udon & Teri Beef Katsu \$17 Wasabi Caesar Salad Wok Fired Baby Choy Sum Steamed White Rice	Miso Glazed Salmon \$17 Wasabi Caesar Salad, Sauteed Mushrooms, Green Beans & Steamed White Rice
June 16	Kalua Pork & Cabbage \$16 Mac Salad, Pan Fried Vegetable Gyoza, Roasted Broccoli & Steamed White Rice	Island Style Garlic Shrimp \$18 Mac Salad, Pan Fried Vegetable Gyoza, Roasted Broccoli & Steamed White Rice
June 23	Salt Grilled Chicken Thighs \$17 Mixed Green Salad w/Creamy Ume Dressing, Sesame Spinach, Dashi Braised Eggplant & Steamed White Rice	Hamachi Kama \$18 (served with Oroshi. Lemon & Ponzu) Mixed Green Salad w/Creamy Ume Dressing, Sesame Spinach, Dashi Braised Eggplant & Steamed White Rice
June 30	Korean Style Short Ribs \$18 Mixed Green Salad w/Creamy Sesame Dressing, Vegetable Jap Chae, Sesame Bean Sprouts, Housemade Kimchee (mild) & Steamed White Rice	Crispy Garlic Soy Cod \$17 Mixed Green Salad w/Creamy Sesame Dressing, Vegetable Jap Chae, Sesame Bean Sprouts, Housemade Kimchee (mild) & Steamed White Rice

Save the date!

—August 14, 2021—



We're planning a fun-filled Zoom show to include a bento pick-up,
cooking demonstrations and dancing!

More information to come in the July Golden Chain.

JUNE EVENTS

- June 6th/ SUN Shotsuki Hoyo
Mrs. Masuko Kitayama Scholarship will be presented.
Graduates will be recognized.
June and July birthdays will be celebrated.
Dharma School will follow service
Japanese Dharma message follows the English service
- June 13th/ SUN Eshinni & Kakushinni Memorial Service
- June 20th/ SUN Family Service; Father's Day
- June 27th/ SUN Family Service

ALL SUNDAY SERVICES START AT 10:00 AM VIA ZOOM

Meeting ID: 818 7869 6300

Passcode: 549504

